

2025 Standard Plus Preventive Medications List (Generics and Brands)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of medications in each category are listed. This list also does not guarantee coverage of a particular medication or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification.

ASTHMA/COPD

ACCOLATE (zafirlukast)
ADVAIR HFA
AIRDUO DIGIHALER AIRSUPRA
albuterol HFA
albuterol nebulizer solution
albuterol oral
ANORO ELLIPTA
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
ATROVENT HFA
BREO ELLIPTA
BREZTRI AEROSPHERE
BROVANA (arformoterol)
budesonide oral inhalation
COMBIVENT RESPIMAT
cromolyn nebulizer solution
DULERA
FASENRA
fluticasone/salmeterol
formoterol
INCRUSE ELLIPTA
Inhaler and nebulizer assistive devices
ipratropium/albuterol nebulizer solution

ASTHMA/COPD (continued)

ipratropium nebulizer solution
levabuterol nebulizer solution
metaproterenol
montelukast
NUCALA
OHTUVAYRE
Peak flow meters
QVAR REDIHALER
roflumilast
Spirometers
SPIRIVA HANDIHALER (tiotropium cap-inhaler)
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
SYMBICORT (brenna,budesonide/formoterol)
terbutaline oral
TEZSPIRE
THEO-24
theophylline
theophylline ER
TRELEGY ELLIPTA
wixela inhub
XOLAIR
YUPELRI
zileuton ER
ZYFLO

BONE DISEASE AND FRACTURES

ACTONEL (risedronate)
ATELVIA DR (risedronate DR)
BINOSTO
DUAVEE
EVISTA (raloxifene)
FOSAMAX (alendronate)
FOSAMAX D
ibandronate oral
RECLAST (zoledronic acid)

CAVITIES

CLINPRO
GEL-KAM
periomed
PREVIDENT
sodium fluoride rinse, gel, cream,paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
gavilyte-n
GOLYTELY solution(PEG-3350/ electrolytes, gavilyte-g)
sodium, potassium and magnesium sulfates

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DEPRESSION

citalopram
escitalopram
fluoxetine
fluoxetine DR
fluvoxamine
fluvoxamine ER
PAXIL (paroxetine)
PAXIL CR (paroxetine ER)
sertraline

DIABETES

INSULINS

HUMALOG
HUMULIN
INSULIN GLARGINE-YFGN
LYUMJEV
SEMGLEE-YFGN
TOUJEO MAX SOLOSTAR
TRESIBA
TRESIBA FLEXTOUCH

INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA

NON-INSULINS

acarbos
ACTOS (pioglitazone)
ACTOPLUS MET
(pioglitazone/metformin)
amlodipine
BYDUREON BCISE
BYETTA
CYCLOSET
DUETACT (pioglitazone/
glimepiride)
FARXIGA
glipizide
glipizide/metformin
Glucometers
GLUCOTROL XL (glipizide ER)
glyburide
glyburide/metformin
glyburide micronized
GLYXAMBI
JANUMET

NON-INSULINS (continued)

JANUMET XR
JANUVIA
JARDIANCE
Lancets and lancing devices
metformin
metformin ER
miglitol
Misc. diabetic supplies (e.g. control
solution, sensors, transmitters, insulin
pumps and accessories, readers, pods,
Tempo smart button)
MOUNJARO
nateglinide
Needles
OZEMPIC
repaglinide
RIOMET (metformin
solution)
RIOMET ER suspension
RYBELSUS
saxagliptin
saxagliptin/metformin
SITAGLIPTIN
SYMLINPEN
SYNJARDY
SYNJARDY XR
Syringes
Test strips
TRIJARDY XR
TRULICITY
XIGDUO XR

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81mg* & 325mg
aspirin/dipyridamole ER
BRILINTA
clopidogrel
dabigatran
dipyridamole
DURLAZA ER
EFFIENT (prasugrel)
ELIQUIS
jantoven
warfarin
XARELTO
ZONTIVITY

CHOLESTEROL LOWERING

atorvastatin
CADUET (amlodipine/
atorvastatin)
colesevelam
COLESTID (colestipol)
ezetimibe
ezetimibe/simvastatin
FENOGLIDE (fenofibrate)
FIBRICOR (fenofibric acid)
FLOLIPID suspension
fluvastatin
LESCOL XL (fluvastatin ER)
LIVALO (Pitavastatin)
LOPID (gemfibrozil)
lovastatin
NEXLETOL
NEXLIZET
niacin
niacin ER
NIACOR
pravastatin
QUESTRAN (cholestyramine)
QUESTRAN LIGHT
(cholestyramine
light, prevalite)
REPATHA
rosuvastatin
simvastatin
TRILIPIX (fenofibric acid DR)
VASCEPA (icosapent ethyl)
ZYPITAMAG

HIGH BLOOD PRESSURE (HBP)

ACCUPRIL (quinapril)
ACCURETIC (quinapril/HCTZ)
acebutolol
ALTACE (ramipril)
amlodipine
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/HCTZ
betaxolol
bisoprolol
bisoprolol/HCTZ
Blood pressure monitors
CADUET (amlodipine/
atorvastatin)

2025 Standard Plus Preventive Medications List (Generics and Brands)

HIGH BLOOD PRESSURE (HBP) (continued)

candesartan
candesartan/HCTZ
captopril/HCTZ
CARDIZEM (diltiazem)
CARDIZEM CD (cartia XT,
diltiazem CD)
CARDIZEM LA (diltiazem ER,
matzim LA)
chlorthalidone
CORGARD (nadolol)
DIURIL suspension
eprosartan
felodipine ER
fosinopril/HCTZ
hydrochlorothiazide
indapamide
irbesartan
irbesartan/HCTZ
isradipine
LOPRESSOR
(metoprolol tartrate) losartan
losartan/HCTZ
LOTENSIN (benazepril)
LOTENSIN HCT
(benazepril/HCTZ)
metolazone
metoprolol succinate ER
metoprolol/HCTZ
moexipril
nebivolol
nicardipine
nifedipine
olmesartan
olmesartan/HCTZ
perindopril
pindolol
PRESTALIA
PROCARDIA XL (nifedipine ER)
propranolol
propranolol ER

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HIGH BLOOD PRESSURE (HBP) (continued)

propranolol/HCTZ
SULAR ER (nisoldipine ER)
telmisartan
telmisartan/HCTZ
TENORETIC
(atenolol/chlorthalidone)
TENORMIN (atenolol)
TIAZAC ER (diltiazem ER,
tiadylt ER, taztia XT)
timolol
trandolapril
trandolapril/verapamil ER
valsartan
valsartan/HCTZ
VASERETIC (enalapril/HCTZ)
VASOTEC (enalapril)
verapamil
verapamil ER
verapamil SR
VERELAN PM (verapamil ER PM)
ZESTORETIC (lisinopril/HCTZ)
ZESTRIL (lisinopril)

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE (atovaquone/
proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AJOVY
EMGALITY 120mg
QULIPTA

MISC ANTIVIRALS

APRETUDE
BEYFORTUS
DESCOVY*
emtricitabine/tenofovir disoproxil
fumarate(TDF)-200mg/300mg*
PREVYMIS
SYNAGIS

SMOKING-CESSATION*

bupropion SR 150mg
CHANTIX (varenicline)
NICODERM CQ (nicotine
patches)
NICORETTE (nicotine gum and
lozenges)
NICOTROL NS

VACCINATION*

Anthrax, BCG, Chikungunya,
Cholera, COVID-19, Diphtheria,
Haemophilus Influenza B, Hepatitis
A and B, Human Papillomavirus,
Influenza, Japanese Encephalitis,
Measles, Meningococcal, Monkey/
smallpox, Mumps, Pertussis,
Pneumococcal, Poliovirus,
Rabies, Respiratory syncytial virus,
Rotavirus, Rubella, Shingles,
Tetanus, Tick-borne encephalitis,
Typhoid, Varicella, Yellow Fever,
Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins
with fluoride

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts by Evernorth® manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits. Please note: Brand names are shown in ALL CAPITALS in each category. If a generic is available, it is listed in lower-case letters with the brand name.

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