



&&& GbUbXUfx D'i g DfYj Ybhj Y A YX]Whcbg @ghf YbYf]Wj UbX 6fUbXgŁ

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of medications in each category are listed. This list also does not guarantee coverage of a particular medication or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification.

ASTHMA/COPD

ACCOLATE (zaflurkast)
ADVAIR HFA
AIRDUO DIGITALER AIRSUPRA
albuterol HFA
albuterol nebulizer solution
albuterol oral
ANORO ELLIPTA
ARNUITY ELLIPTA
ASMANEX HFA
ASMANEX TWISTHALER
ATROVENT HFA
BREO ELLIPTA
BREZTRI AEROSPHERE
BROVANA (arformoterol)
budesonide oral inhalation
COMBIVENT RESPIMAT
cromolyn nebulizer solution
DULERA
FASENRA
fluticasone/salmeterol formoterol
INCRUSE ELLIPTA
Inhaler and nebulizer assistive devices
ipratropium/albuterol nebulizer solution

ASTHMA/COPD (continued)

ipratropium nebulizer solution
levabuterol nebulizer solution
metaproterenol
montelukast
NUCALA
OHTUVAYRE
Peak flow meters
QVAR REDIHALER
roflumilast
Spirometers
SPIRIVA HANDIHALER (tiotropium cap-inhaler)
SPIRIVA RESPIMAT
STIOLTO RESPIMAT
SYMBICORT (breyna,budesonide/formoterol)
terbutaline oral
TEZSPIRE
THEO-24
theophylline
theophylline ER
TRELEGY ELLIPTA
wixela inhale
XOLAIR
YUPELRI
zileuton ER
ZYFLO

6CB9'8-G95G9'5B8 : F57HI F9G

57HC B9@ff]gYXfcBUhYŁ
5H9@ -5'8F 'ff]gYXfcBUhYŁ
8FŁ.....
6-B CGHC
8I 5J 99
9J -GH5 'ffUcl]ZYbYŁ
: CG5A 5L 'fU'YbXfcBUhYŁ
: CG5A 5L '8
]VUbXfcBUhY'cfU
F97@GH'fhc`YXfcB]WUWYŁ

75J H=9G

CLINPRO
GEL-KAM
periomed
PREVIDENT
sodium fluoride rinse, gel, cream,paste, tabs and drops

COLONOSCOPY PREPARATION*

[Uj] nhY!W
[Uj] nhY!b
; C@MH9@Mgc i h]cbfD9, !') \$#
YYWfc`nhYgż [Uj] nhY! [Ł
gcX]jia ždchUgg]ia 'UbX
a U[bYg]jia 'gi 'ZUhYg

2025 Standard Plus Preventive Medications List (Generics and Brands)

| DEPRESSION | NON-INSULINS (continued) | CHOLESTEROL LOWERING |
|--|--|--|
| citalopram | JANUMET XR | atorvastatin |
| escitalopram | JANUVIA | CADUET (amlodipine/ atorvastatin) |
| fluoxetine | JARDIANCE | colesevelam |
| fluoxetine DR | Lancets and lancing devices | COLESTID (colestipol) |
| fluvoxamine | metformin | ezetimibe |
| fluvoxamine ER | metformin ER | ezetimibe/simvastatin |
| PAXIL (paroxetine) | miglitol | FENOGLIDE (fenofibrate) |
| PAXIL CR (paroxetine ER) | Misc. diabetic supplies (e.g., control solution, sensors, transmitters, insulin pumps and accessories, readers, pods, Tempo smart button) | FIBRICOR (fenofibric acid) |
| sertraline | MOUNJARO | FLOLIPID suspension |
| DIABETES | nateglinide | fluvastatin |
| INSULINS | Needles | LESCOL XL (fluvastatin ER) |
| HUMALOG | OZEMPIC | LIVALO(Pitavastatin) |
| HUMULIN | repaglinide | LOPID (gemfibrozil) |
| INSULIN GLARGINE-YFGN | RIOMET (metformin solution) | lovastatin |
| LYUMJEV | RIOMET ER suspension | NEXLETOL |
| SEMGLEE-YFGN | RYBELSUS | NEXLIZET |
| TOUJEO MAX SOLOSTAR | saxagliptin | niacin |
| TRESIBA | saxagliptin/metformin | niacin ER |
| TRESIBA FLEXTOUCH | SITAGLIPTIN | NIACOR |
| INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS | SYMLINPEN | pravastatin |
| SOLIQUA | SYNJARDY | QUESTRAN (cholestyramine) |
| NON-INSULINS | SYNJARDY XR | QUESTRAN LIGHT (cholestyramine light, prevalite) |
| acarbose | Syringes | REPATHA |
| ACTOS (pioglitazone) | Test strips | rosuvastatin |
| ACTOPLUS MET (pioglitazone/metformin) | TRIJARDY XR | simvastatin |
| amlodipine | TRULICITY | TRILIPIX (fenofibric acid DR) |
| BYDUREON BCISE | XIGDUO XR | VASCEPA (icosapent ethyl) |
| BYETTA | HEART DISEASE AND STROKE | ZYPITAMAG |
| CYCLOSET | BLOOD THINNERS | HIGH BLOOD PRESSURE (HBP) |
| DUETACT (pioglitazone/ glimepiride) | aspirin, 81mg* & 325mg | ACCUPRIL (quinapril) |
| FARXIGA | aspirin/dipyridamole ER | ACCURETIC (quinapril/HCTZ) |
| glipizide | BRILINTA | acebutolol |
| glipizide/metformin | clopidogrel | ALTACE (ramipril) |
| Glucometers | dabigatran | amlodipine |
| GLUCOTROL XL (glipizide ER) | dipyridamole | amlodipine/benazepril |
| glyburide | DURLAZA ER | amlodipine/olmesartan |
| glyburide/metformin | EFFIENT (prasugrel) | amlodipine/olmesartan/HCTZ |
| glyburide micronized | ELIQUIS | amlodipine/telmisartan |
| GLYXAMBI | jantoven | amlodipine/valsartan |
| JANUMET | warfarin | amlodipine/valsartan/HCTZ |
| | XARELTO | betaxolol |
| | ZONTIVITY | bisoprolol |
| | | bisoprolol/HCTZ |
| | | Blood pressure monitors |
| | | CADUET (amlodipine/ atorvastatin) |

2025 Standard Plus Preventive Medications List (Generics and Brands)

HIGH BLOOD PRESSURE (HBP) (continued)

candesartan
candesartan/HCTZ
captopril/HCTZ
CARDIZEM (diltiazem)
CARDIZEM CD (cartia XT,
diltiazem CD)
CARDIZEM LA (diltiazem ER,
matzim LA)
chlorthalidone
CORGARD (nadolol)
DIURIL suspension
eprosartan
felodipine ER
fosinopril/HCTZ
hydrochlorothiazide
indapamide
irbesartan
irbesartan/HCTZ
isradipine
LOPRESSOR
(metoprolol tartrate) losartan
losartan/HCTZ
LOTENSIN (benazepril)
LOTENSIN HCT
(benazepril/HCTZ)
metolazone
metoprolol succinate ER
metoprolol/HCTZ
moexipril
nebivolol
nicardipine
nifedipine
olmesartan
olmesartan/HCTZ
perindopril
pindolol
PRESTALIA
PROCARDIA XL (nifedipine ER)
propranolol
propranolol ER

HIGH BLOOD PRESSURE (HBP) (continued)

propranolol/HCTZ
SULAR ER (nisoldipine ER)
telmisartan
telmisartan/HCTZ
TENORETIC
(atenolol/chlorthalidone)
TENORMIN (atenolol)
TIAZAC ER (diltiazem ER,
tiadylt ER, taztia XT)
timolol
trandolapril
trandolapril/verapamil ER
valsartan
valsartan/HCTZ
VASERETIC (enalapril/HCTZ)
VASOTEC (enalapril)
verapamil
verapamil ER
verapamil SR
VERELAN PM (verapamil ER PM)
ZESTORETIC (lisinopril/HCTZ)
ZESTRIL (lisinopril)

MALARIA

ARAKODA
chloroquine
mefloquine
MALARONE (atovaquone/
proguanil)
primaquine

MIGRAINE PREVENTION

AIMOVIG
AOVY
EMGALITY 120mg
QULIPTA

MISC ANTIVIRALS

APRETUDE
BEYFORTUS
DESCOVY*
emtricitabine/tenofovir disoproxil
fumarate(TDF)-200mg/300mg*
PREVYMIS
SYNAGIS

SMOKING-CESSATION*

bupropion SR 150mg
CHANTIX (varenicline)
NICODERM CQ (nicotine
patches)
NICORETTE (nicotine gum and
lozenges)
NICOTROL NS

VACCINATION*

Anthrax, BCG, Chikungunya,
Cholera, COVID-19, Diphtheria,
Haemophilus Influenza B, Hepatitis
A and B, Human Papillomavirus,
Influenza, Japanese Encephalitis,
Measles, Meningococcal, Monkey/
smallpox, Mumps, Pertussis,
Pneumococcal, Poliovirus,
Rabies, Respiratory syncytial virus,
Rotavirus, Rubella, Shingles,
Tetanus, Tick-borne encephalitis,
Typhoid, Varicella, Yellow Fever,
Zoster

VITAMINS OR MINERALS

Folic acid*
Prenatal vitamins
Pediatric multivitamins
with fluoride

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts by Evernorth® manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at MedMutual.com/member and click Benefits & Coverage, then Prescription Drug Benefits. Please note: Brand names are shown in ALL CAPITALS in each category. If a generic is available, it is listed in lower-case letters with the brand name.

© 2025 EVERNORTH HEALTH SERVICES. ALL RIGHTS RESERVED. ALL TRADEMARKS ARE THE PROPERTY OF THEIR RESPECTIVE OWNERS.