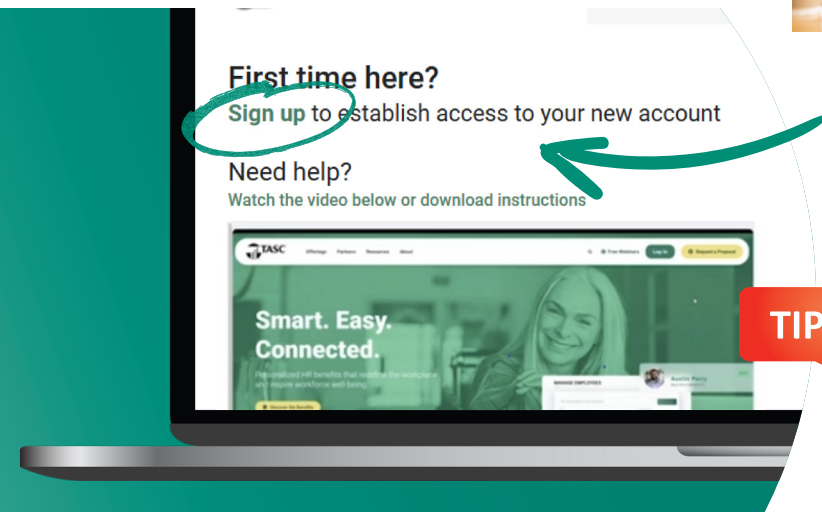
Let's get you signed in.

1. First, go to www.tasconline.com and click the **LOG IN** button on the menu bar, then select the **INDIVIDUAL/EMPLOYEE** option. This will bring you to the **Sign In** page.



2. On that page, find the **FIRST TIME HERE?** prompt. Below that, click **SIGN UP**.

3. Enter the email address that you have on file with your employer or plan sponsor.* Then create a password.

- Always use a strong password.
- Change your password regularly.
- Don't reuse passwords.

* If the address you enter is not recognized, contact your employer or plan sponsor to request that they add your preferred email to your TASC account.

4. Check your email for a 6-digit verification code. Enter that code to verify your address.

5. Read through and agree to the **Terms of Use.**

! Enable **two-factor authentication (2FA)** with a mobile phone number. This adds an extra layer of account security.

Scan the QR code for step-by-step video instructions!

Benefits should feel like benefits.®

No matter where you are, the TASC mobile app gives you exactly that experience. Download it today!

Smart. Easy. Connected.

Download on the App Store

GET IT ON Google Play

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