



## 2023 Standard Plus Preventive Medications List (Generics and Brands)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

### **ASTHMA/COPD**

ACCOLATE (zafirlukast)  
ADVAIR DISKUS (wixela inhub, fluticasone/salmeterol)  
ADVAIR HFA  
AIRDUO DIGIHALER  
albuterol HFA  
albuterol nebulizer solution  
albuterol oral  
ALVESCO  
ANORO ELLIPTA  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BREZTRI AEROSPHERE  
BROVANA (arformoterol)  
budesonide oral inhalation  
COMBIVENT RESPIMAT  
cromolyn nebulizer solution  
DULERA  
FASENRA  
FLOVENT DISKUS  
FLOVENT HFA  
formoterol  
Inhaler and nebulizer assistive devices

### **ASTHMA/COPD (continued)**

ipratropium/albuterol nebulizer solution  
ipratropium nebulizer solution  
LONHALA MAGNAIR  
metaproterenol  
montelukast  
NUCALA  
Peak flow meters  
QVAR REDHALER  
SEREVENT DISKUS  
Spirometers  
SPIRIVA HANDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
SYMBICORT  
terbutaline oral  
TEZSPIRE  
THEO-24  
theophylline  
TRELEGY ELLIPTA  
XOLAIR  
XOPENEX nebulizer solution (levabuterol)  
YUPELRI  
zileuton ER  
ZYFLO

### **BONE DISEASE AND FRACTURES**

ACTONEL (risedronate)  
ATELVIA DR (risedronate DR)  
BINOSTO  
BONIVA oral (ibandronate)  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX (alendronate)  
FOSAMAX D  
RECLAST (zoledronic acid)

### **CAVITIES**

CLINPRO  
GEL-KAM  
periomed  
PREVIDENT  
sodium fluoride rinse, gel, cream, paste, tabs and drops

### **COLONOSCOPY PREPARATION\***

gavilyte-c  
gavilyte-n  
GOLYTELY solution (polyethylene glycol, gavilyte-g)  
polyethylene glycol

# 2023 Standard Plus Preventive Medications List (Generics and Brands)

## DEPRESSION

citalopram  
escitalopram  
fluoxetine  
fluoxetine DR  
fluvoxamine  
fluvoxamine ER  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
sertraline

## DIABETES

### INSULINS

BASAGLAR  
HUMALOG  
HUMULIN  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
SEMGLEE  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA  
XULTOPHY

### NON-INSULINS

ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
AMARYL (glimepiride)  
BYDUREON  
BYETTA  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA  
glipizide  
glipizide/metformin  
Glucometers  
GLUCOTROL XL (glipizide ER)  
glyburide  
glyburide/metformin  
GLYNASE (glyburide micronized)  
GLYXAMBI  
JANUMET

## NON-INSULINS (continued)

JANUMET XR  
JANUVIA  
JARDIANCE  
Lancets  
metformin  
metformin ER  
miglitol  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters, insulin  
pumps)  
MOUNJARO  
nateglinide  
Needles  
OSENI  
OZEMPIC  
PRECOSE (acarbose)  
repaglinide  
repaglinide/metformin  
RIOMET (metformin solution)  
RIOMET ER suspension  
RYBELSUS  
SEGLUROMET  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR  
Syringes  
Test strips  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
aspirin/dipyridamole ER  
BEVYXXA  
BRILINTA  
clopidogrel  
dabigatran  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
jantoven  
warfarin  
XARELTO  
ZONTIVITY

## CHOLESTEROL LOWERING

atorvastatin  
CADUET (amlodipine/atorvastatin)  
colesevelam  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
FLOLIPID suspension  
fluvastatin  
LESCOL XL (fluvastatin ER)  
LIVALO  
LOPID (gemfibrozil)  
lovastatin  
niacin  
NIACOR  
NIASPAN (niacin ER)  
pravastatin  
QUESTRAN (cholestyramine)  
QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
REPATHA  
rosuvastatin  
ROSZET  
simvastatin  
TRILIPIX (fenofibric acid DR)  
VASCEPA (icosapent ethyl)  
ZYPITAMAG

## HIGH BLOOD PRESSURE (HBP)

ACCUPRIL (quinapril)  
ACCURETIC (quinapril/HCTZ)  
acebutolol  
ALTACE (ramipril)  
amlodipine  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
betaxolol  
bisoprolol  
Blood pressure monitors  
CADUET (amlodipine/atorvastatin)  
CALAN SR (verapamil SR)  
candesartan  
candesartan/HCTZ  
captopril  
captopril/HCTZ  
CARDIZEM (diltiazem)

# 2023 Standard Plus Preventive Medications List (Generics and Brands)

CARDIZEM CD (cartia XT, diltiazem CD)  
CARDIZEM LA (diltiazem ER, matzim LA)  
chlorothiazide  
chlorthalidone  
CORGARD (nadolol)  
dilt xr  
DIURIL suspension  
eprosartan  
felodipine ER  
fosinopril  
fosinopril/HCTZ  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan/HCTZ  
isradipine  
LOPRESSOR (metoprolol tartrate)  
losartan  
losartan/HCTZ  
LOTENSIN (benazepril)  
LOTENSIN HCT (benazepril/HCTZ)  
metolazone  
metoprolol succinate ER  
metoprolol/HCTZ  
moexipril  
nadolol/bendroflumethiazide  
nebivolol  
nicardipine  
nifedipine  
olmesartan  
olmesartan/HCTZ  
perindopril  
pindolol  
PRESTALIA  
PROCARDIA XL (nifedipine ER)  
propranolol  
propranolol ER  
propranolol/HCTZ  
SULAR ER (nisoldipine ER)  
telmisartan  
telmisartan/HCTZ

TENORETIC (atenolol/ chlorthalidone)  
TENORMIN (atenolol)  
TIAZAC ER (diltiazem ER, tiadylt ER, taztia XT)  
timolol  
trandolapril  
trandolapril/verapamil ER  
TWINSTA (amlodipine/ telmisartan)  
valsartan  
valsartan/HCTZ  
VASERETIC (enalapril/HCTZ)  
VASOTEC (enalapril)  
verapamil  
VERELAN (verapamil ER)  
VERELAN PM (verapamil ER PM)  
ZESTORETIC (lisinopril/HCTZ)  
ZESTRIL (lisinopril)  
ZIAC (bisoprolol/HCTZ)

## **MALARIA**

---

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/ proguanil)  
primaquine

## **MIGRAINE PREVENTION**

---

AIMOVIG  
AJOVY  
EMGALITY 120mg  
QULIPTA

## **MISC ANTIVIRALS**

---

APRETUDE  
DESCOVY\*  
emtricitabine/ tenofovir disoproxil fumarate (TDF) 200mg/300mg\*  
PREVYMIS  
SYNAGIS

## **OBESITY†**

---

ADIPEX-P (phentermine)  
benzphetamine  
CONTRAVE  
diethylpropion  
diethylpropion ER  
IMCIVREE  
LOMAIRA  
PLENITY  
phendimetrazine  
phendimetrazine ER  
QSYMIA  
SAXENDA  
WEGOVY  
XENICAL

## **SMOKING-CESSATION\***

---

bupropion SR 150mg  
CHANTIX (varenicline)  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum and lozenges)

## **VACCINATION\***

---

Anthrax, BCG, Cholera, COVID-19, Diphtheria, Haemophilus Influenza B, Hepatitis A and B, Human Papillomavirus, Influenza, Japanese Encephalitis, Measles, Meningococcal, Monkeypox, Mumps, Pertussis, Pneumococcal, Poliovirus, Rabies, Rotavirus, Rubella, Shingles, Tetanus, Tick-borne encephalitis, Typhoid, Varicella, Yellow Fever, Zoster

## **VITAMINS OR MINERALS**

---

Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with fluoride\*

# 2023 Standard Plus Preventive Medications List (Generics and Brands)

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

†Obesity medications are not covered by all plans. Please check your certificate or other benefit information for more coverage information.

**Express Scripts manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.**

**Please note: Brand names are shown in ALL CAPITALS in each category. If a generic is available, it is listed in lower-case letters with the brand name.**

© 2023 Express Scripts. All Rights Reserved. Express Scripts and the “E” Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.