

2026 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of medications in each category are listed. This list also does not guarantee coverage of a particular medication or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call customer Care at the number on your health plan identification.

ASTHMA/COPD

arformoterol
albuterol HFA
albuterol nebulizer solution
albuterol oral
breyna
budesonide oral inhalation
budesonide/formoterol
cromolyn nebulizer solution
fluticasone/salmeterol
inhalation powder formoterol
ipratropium/albuterol
nebulizer solution
ipratropium nebulizer solution
levabuterol nebulizer solution
and concentrate
montelukast
roflumilast
terbutaline oral
theophylline
theophylline er
tiotropium cap-inhaler
wixela inhub
zafirlukast

BONE DISEASE AND FRACTURES

alendronate
ibandronate oral
raloxifene
risedronate
risedronate dr
zoledronic acid 5mg

CAVITIES

periomed
sodium fluoride rinse, gel,
cream, paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
gavilyte-g
gavilyte-n
PEG-3350/electrolytes
sodium, potassium and
magnesium sulfates

DEPRESSION

citalopram
escitalopram
fluoxetine
fluoxetine dr
fluvoxamine
fluvoxamine er
paroxetine
paroxetine er
sertraline

DIABETES

acarbose
exenatide
generic syringes, lancets
and needles
glimepiride
glipizide
glipizide er and xl
glipizide/metformin
glyburide
glyburide/metformin
glyburide micronized
liraglutide
metformin
metformin er
metformin solution miglitol
nateglinide
pioglitazone
pioglitazone/glimepiride
pioglitazone/metformin
repaglinide
saxagliptin
saxagliptin/metformin er

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HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg* & 325 mg
aspirin-dipyridamole er
clopidogrel
dabigatran
dipyridamole
jantoven
prasugrel
rivaroxaban
ticagrelor
warfarin

CHOLESTEROL LOWERING

amlodipine/atorvastatin
atorvastatin
cholestyramine cholestyramine
light colessevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid
fenofibric acid dr
fluvastatin
fluvastatin er
gemfibrozil
icosapent ethyl
lovastatin
niacin
niacin er
pitavastatin
pravastatin
prevalit
rosuvastatin
simvastatin

HIGH BLOOD PRESSURE (HBP)

acebutolol
amlodipine
atenolol
atenolol/chlorthalidone
benazepril
benazepril/hctz
betaxolol
bisoprolol
bisoprolol/hctz
candesartan
candesartan/hctz
captopril
captopril/hctz

HIGH BLOOD PRESSURE (HBP) (continued)

cartia xt
chlorthalidone
diltiazem
diltiazem cd
diltiazem er
enalapril
enalapril/hctz
eprosartan
felodipine er
fosinopril
fosinopril/hctz
hydrochlorothiazide
indapamide
irbesartan
irbesartan/hctz
isradipine
lisinopril
lisinopril/hctz
losartan
losartan/hctz
matzim la
metolazone
metoprolol/hctz
metoprolol succinate er
metoprolol tartrate
moexipril
nadolol
nebivolol
nicardipine
nifedipine
nifedipine er
nisoldipine er
olmesartan
olmesartan/hctz
perindopril
pindolol
propranolol
propranolol er
propranolol/hctz
quinapril
quinapril/hctz
ramipril
telmisartan
telmisartan/hctz
tiadylt er
timolol
trandolapril
valsartan
valsartan/hctz

HIGH BLOOD PRESSURE (HBP) (continued)

verapamil
verapamil er
verapamil er pm
verapamil sr

OTHER HBP & COMBINATIONS

amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/
hctz amlodipine/valsartan
amlodipine/valsartan/hctz
trandolapril/verapamil er

MALARIA

atovaquone/proguanil
chloroquine
mefloquine
primaquine

MISC ANTIVIRALS

emtricitabine/tenofovir
disoproxil fumarate (TDF)
200mg/300mg*

SMOKING-CESSATION*

bupropion sr 150mg
nicotine gum, lozenges
and patches
vareniclin

VITAMINS OR MINERALS

folic acid*
generic prenatal vitamins
generic pediatric multivitamins
with flouride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts by Evernorth® manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.

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